

**WELCOME:** To the 5th Annual DICE 40K Time Trial Championships.

**DATE:** Sunday 7/15/2007 Rain or shine.

**TIME:** 9 a.m. with the first rider off @ 9:01 sharp!

**LOCATION:** Cordova, IL. 20 miles north of the Quad Cities. Registration and awards at city park shelter on west side of Route 84

**DIRECTIONS/PARKING:** Cordova, IL is located 20 miles north of the Quad Cities and 15 miles south of Clinton, IA on the Mississippi River. There is parking in the city park on the southwestern part of town, right off of Route 84.

**PRE-REGISTER** by 7/8/07.  
Late fee in effect after above date except for QCBC members. If you ride twice, pre-reg. **RACE DAY REGISTRATION** will be held 7:45 a.m.—9:00 a.m. at city park shelter. No double rides on race day reg.

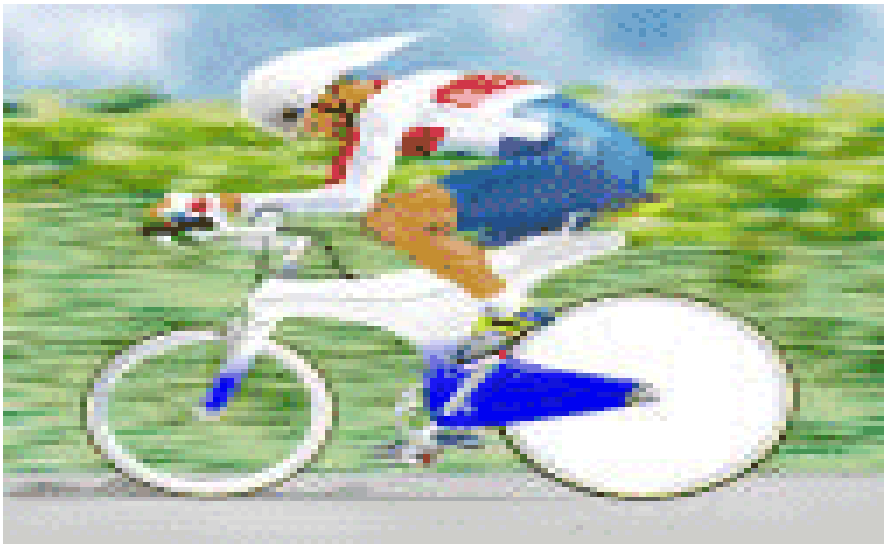
**COURSE:** 40K, out and back course. Dead flat with one left turn. Turnaround in road. Course is open to vehicular traffic.

**SANCTION:** This is an American Bicycle Racing sanctioned event. You must have an annual license or purchase a 1-day permit.

**RACE RULES:** Riders go out in 1-minute intervals starting at 9:01 a.m. sharp. First signed up, first out. We will follow all ABR rules. Race goes on, rain or shine. We will provide holder. Park Tools will also have their self-service tool kit on site—free to use. NO REFUNDS.

**CONTACT:** Donnie Miller  
**Donnie's Indoor Cycling Experience**  
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Websites: [DiceTraining.com](http://DiceTraining.com)  
[dicecycling.com](http://dicecycling.com)  
[qcbc.org](http://qcbc.org)  
[ambikerace.com](http://ambikerace.com)

# DICE 40K TT Championships



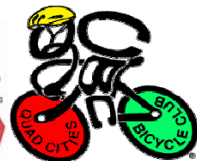
**AWARDS:** Trophies to top 3 Overall. MATTS Medallions to top 5 Senior & Masters Category and Age Group Winners, Tandem and Recumbent.  
**MEN:** Open (1/2/3), Cat 3 & 4, Juniors, Age Grade 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+  
**WOMEN:** Open (1/2/3), Cat 4, Juniors, Age Grade 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+  
**PRIZES:** We will be raffling off a set of TT handlebars by Profile Design and a Heart Rate Bike Computer by Sigma.

<b>FEES:</b>	Pre-Registered ABR Member	\$10	<b>QCBC MEMBER</b> Check Here <input type="checkbox"/>
	Pre-Registered w/1-Day License	\$14	
	Race Day ABR Member	\$13	
	Race Day w/1-Day License	\$17	
Make checks payable to: Donnie's Indoor Cycling Experience			

**PLEASE PRINT**

**ANNUAL LICENSE:**  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State & Zip: \_\_\_\_\_  
Gender: \_\_\_\_\_ Age/ABR Annual Lic #: \_\_\_\_\_  
Racing Category: \_\_\_\_\_

**ONE-DAY LICENSE:** FILL IN FOR ONE-DAY LICENSE  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State & Zip: \_\_\_\_\_  
Gender: \_\_\_\_\_



BIKE SHOP TOOLS