

ARE YOU PSYCLO ENOUGH ?

PSYCLOFEST

Brought to you by Healthy Habits, DICE Cycling and the Quad Cities Bicycle Club
Healthy Habits Bicycles & Nutrition 3441 Devils Glen Rd. Bettendorf, IA. 52722, 563-332-5145

Crow Creek Park

Bettendorf, Iowa

Sunday, October 21, 2007 - Races start at 11:00am

BEGINNER'S RACE

11:00am
\$20 Entry fee
30 minutes
Beginner men,
beginner women,
& junior prizes.

KIDS RACE

1:10am
NO Entry fee
10 minutes
goodies to all
kids entered

B RACE WOMEN'S RACE

12:00pm
\$25 Entry fee
45 minutes
Mens B \$150 Payout
Womens Open \$100 Payout
USA Cycling Sport
No One Day Licenses

A RACE MASTERS RACE

1:30pm
\$25 Entry fee
60 minutes
A Race \$250 Payout
Open to all Categories
Masters Race
30+, 40+, 50+
\$60 Payout
Per Class

All racers must have
USCF/USA Cycling
License. One day
License available
at registration
Mountain Bikes
welcome
**WITHOUT
BAR ENDS**

Registration
starts at
9:30am &
ends 30
Minutes
before
each
race

DIRECTIONS:

I-74 W (from Peoria): Take I-74 until it turns into I-80 (crossing into Iowa). Take the Middle Rd. exit (Exit 301). Turn left on Middle Rd. Turn right on Tanglewood Rd. (one block past Tanglefoot Rd). Crow Creek Park will be on the left.

I-80 (from Des Moines/Chicago): From I-80, take I-74 E (Exit 298) towards Peoria. Take the 53rd St. exit (Exit 1). Turn left on 53rd St. 53rd St. becomes 53rd Ave. Turn right on Devil's Glen Rd. Turn left on Tanglewood Rd. Crow Creek Park will be on your left.

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