

Roc Doc Around The Bloc

Presented by
DICE Cycling
Two Bee Racing
Donnie's Indoor Cycling Experience
QC1 Research Foundation
Healthy Habits

Sunday, July 22nd, 2007

Circuit Race on the famous Hummer Hammer course in
Davenport, Iowa

The usual prize list

Baked goods and beer

Course Description: Multiple laps of the 1.5-mile 'T'- shaped circuit with 3 - 180 degree, wide turns on the smooth pavement on the roadways of the Iowa Research, Commerce, and Technology Park. The course is viewable from all locations and features mild grade changes with no hills. Course will be closed to traffic

Directions from I-80 Davenport, Iowa:

Exit I-80 (exit #295) on to US-61 North. • Turn Right (West) on Mt Joy Road. • Turn Left on Brady St. Follow Signs to BIKE RACE Parking

Pre-Registration: Entry Form & Instructions at

www.dicecycling.com www.DiceTraining.com www.2beeracing.com

Contacts: Donnie Miller bcyclera@sbcbglobal.net 309-743-0260

Conn Day connday@msn.com 319-848-9066

Cost: \$13 with a USCF License or \$23 including a One-Day license

This is part of the Roc Doc Series where you can do one or all races. If you cannot attend RAGBRI due to work and family...come race with us!!

All proceeds will go to the Children's Hospital in Iowa City

Schedule of Events

Categories	Start Time	Distance
Men Cat 4/5	10:00 am	16 laps/24 miles
Master's 30,40,50,60+	10:00 am	16 laps/24 miles
Juniors 10-18	11:30 am	12 laps/18 miles
Beginner Cat 5**	11:30 am	12 laps/18 miles
Women's Open (Cat 1,2,3 & 4)	11:30 am	12 laps/18 miles
Men's Cat 1,2,3 & 4	12:30 pm	20 laps/30 miles

Field Limit of 75 riders EACH RACE

Registration begins at 8:30am and closes 15 minutes before scheduled start times

USA Cycling Event Permit # 2007-240

**One-Day licenses will be available